## 1. Title of Programme Module

Personal & Interpersonal Skills

## 2. Component Name and Code

Personal & Interpersonal Skills 3N0564

#### 3. Duration in Hours

100 hours (typical learner effort, to include both directed and self-directed learning)

### 4. Credit Value

10 Credits

### 5. Status

This programme module may be compulsory or optional within the context of the validated programme. Please refer to the relevant programme descriptor, Section 9 Programme Structure

### 6. Special Requirements

None

## 7. Aim of the Programme Module

The aim of this programme is to provide the learner with the knowledge, skill and competence to interact constructively with people, from a position of self-awareness and social sensitivity, in a limited range of social contexts.

# 8. Objectives of the Programme Module

- To enable learners to develop a sense of self-knowledge and self-awareness
- To enable learners to understand and demonstrate decision making skills
- To enable learners to develop effective communication skills